

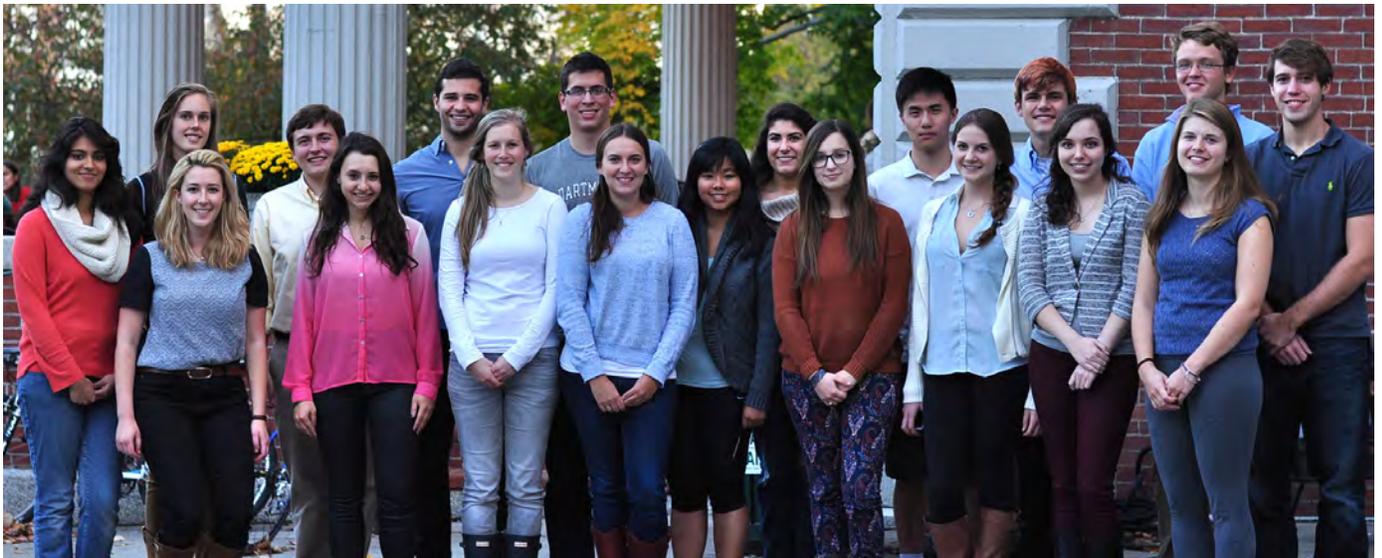
Dartmouth Leadership Attitudes and Behaviors

D-LAB (Dartmouth Leadership Attitudes and Behaviors) is a student-facilitated program designed for first-year students to discover the relationship between leadership and personal values. Through self-reflection and challenging discussions, students will soon find their place within the Dartmouth community and beyond.

D-LAB recruits and trains a team of student leaders in the fall term of each year. Armed with facilitation skills, student facilitators lead reflection exercises and discussions that are essential to personal growth as both a student and a community member. As facilitators, students are responsible for catalyzing important discussions about leadership attitudes and leadership behavior.

Through D-LAB, participants explore their individual beliefs and values, and how these relate to who they are striving to be. They also analyze the relationship between perception, intent, and impact, and work to align their core values with the greater community. Participants attend five weekly 2-hour sessions in the winter term. Each session covers a different topic that builds upon the last in an intentional way.

Co-sponsored by the Rockefeller Center and the Collis Center for Student Involvement, D-LAB was piloted in the winter of 2014 with a total of 65 students led by 14 trained facilitators. This year, the program will be offered to 120 students with 22 facilitators. Instead of three sessions, the program content will now be spread over five sessions to allow additional time for in-depth discussion.



Front Row (left to right): Alison Flint '15, Sarah Waltcher '16, Ashley Manning '17 (*withdrew*), Margaret (Maggie) Fiertz '15, Lorelei Yang '15, Nicole Simineri '17, Alexandra Woodruff '17, Alexandra Minsk '17, Ann Carracher '17; **Back Row (left to right):** Mahnum Shahzad '15, Liberty (Libby) Cornwell '15, John Howard '15, Juan Nicholls '15, Aaron Gilbert '15, Morgan Sandhu '17, Brian Li '17, Jacob Casale '17, David White '17, Thomas Ware '17; **Missing from Photo:** Jean-Luc Beaubien '17, Tucker Oddleifson '16, Ke Zhao '17, and Deep Singh '17

Dartmouth Leadership Attitudes and Behaviors

Session One: Leadership from Within (Character)

Identify strengths and weaknesses and how they manifest in a group setting.

Articulate the importance of diverse personalities in a group setting.

Session Two: Leadership from Within (Individual Values)

Define integrity and discover what keeping one's word means to them.

Assess how values and attitudes translate to behavior.

Articulate core values and understand how to uphold them in an authentic way.



Session Three: Leadership with Others (Friends)

Analyze and apply the relationship between intent and impact, understanding the role of perception in influencing actions and reactions.

Reflect on the impact of core values on interactions with others, and how these interactions result in either positive or negative outcomes.

Session Four: Leadership for Others (Community)

Explore how community values and individual values interrelate and influence one another.

Create a plan to identify and practice skills at the individual, team, and community level.



Session Five: Leadership in Practice (Network)

Identify resources that will help to further build knowledge and skills related to leadership.

